



# My Commitment to My Biz Printable PDF

*Xerces Simpson, Personal Empowerment Coach*

***This is a promise that you will make to yourself to commit to making your business and your life successful!***

I, \_\_\_\_\_, hereby enter into this binding agreement with my Inner Business Woman, freely and willingly and without duress, and in consideration for all the love and respect we have for each other. I intend to honor the terms of this agreement fully and make the following promise:

1. To keep my guts about me; and to follow the Extreme Self Coaching process whenever I get smacked upside the head by an AFGO/obstacle.
2. To follow each of the Action Steps outlined in Part Two of this book and to check things off one by one until they're all done.
3. To block off time in my calendar each day, Monday through Friday, to do the work as outlined throughout this book, whether it's Extreme Self Coaching or the Action Steps.
4. To treat my Inner Business Woman with respect.
5. To treat my business with respect.
6. To treat my Self with respect.



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7. To not be afraid of failure.

8. To do whatever it takes to succeed.

9. To not care about what They think.

10. To trust my own opinion.

11. To never apologize for the Coach, Boss, Woman I am becoming.

12. To get off the fence.

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Signed Name

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Signed Date